LMHI COVID-19 Clinical Case Report Submission Form

Introduction

Whilst we should not claim that homeopathy cures COVID-19 infections*, the collection of high quality case reports is more important than ever* to aid the LMHI in its efforts to develop a strategy for spreading information about the possible role of homeopathy in this crisis. An expert group has been formed to work on this.

A high quality clinical case report should reflect in a structured and comprehensive way your practical experience with treating a patient. This documents provides you with practical instructions as well as a template how to achieve this aim.

In order for the homeopathic community to benefit maximally from the collection and compilation of COVID-19 cases, there are a some *specific recommendations*:

* The COVID-19 diagnosis should ideally be confirmed by a lab test, or otherwise there should be reasonable grounds to suspect that it is a COVID-19 infection.
* Rate the severity of the illness before the initiation of homeopathic treatment as follows: Mild - Moderate - Severe - Critical
* Record and report as much as possible fever, including the number of days after treatment there was an absence of fever
* Record and report as much as possible the number of hours/days after the onset of symptoms the homeopathic treatment started
* Record and report the number of hours/days after initiation of treatment there was an improvement
* Record and report on any other treatments received / taken by the patient for their symptoms

Without these specific data, the expert group will not be able to properly evaluate the suspected or confirmed COVID-19 case.

Also, please let us know if you have treated more confirmed or suspected COVID-19 patients than the case you are reporting. The expert group may want to approach you in the future with a view to obtaining more data (for research purposes) on the homeopathic symptoms reported, remedies prescribed, etc.

**Completed forms can be sent to: LMHI2020@vithoulkascompass.com**

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# Case Report Submission Eligibility Criteria

Please consider if your submission meets the following eligibility criteria:

* I have prescribed only one homeopathic remedy at a time
* I am reporting my experience with treating confirmed or suspected COVID-19 patients

* I have pre- and post- treatment findings in connection with the homeopathic treatment, including preferably objective data, such as for instance fever
* I have obtained informed consent from the patient to report and publish his/her case on file and to permit the use of their anonymized data for research purposes.
* I excluded identifying data or protected health information of this patient.

CONTINUE IF YOUR CASE MEETS THE ABOVE-MENTIONED CRITERIA

**DECLARATION**

I herewith declare that I have read and respect the case report submission eligibility criteria.

Please type YES if the above applies: \_\_\_\_\_

Have you treated more COVID-19 cases than the one reported below?

Please type YES if this applies: \_\_\_\_\_

# Author Information

Last name:

First name:

Specialty:

Affiliation:

Address:

Postal code:

Country:

E-mail :

# Submission Instructions

Please read these instructions carefully before filling the submission form.

The submission form is organized into separate sections that need to be filled with the requested information. Graphic files such as clinical images and numerical data (such as tables and laboratory data) can be inserted into the relevant sections of this form as links (for instance Dropbox, GoogleDocs, etc.).

Data extracted from each completed COVID-19 Clinical Case Report form will be passed on to the LMHI Expert group, and contribute to our collective understanding of the possible role of homeopathy.

# Sources used

This form was developed in concordance with the latest CARE Guidelines (for more info, visit <https://www.equator-network.org/reporting-guidelines/care>) and the HOM-CASE CARE extension[[1]](#footnote-1). The CARE guidelines provide a framework that supports transparency and accuracy in the publication of case reports and the reporting of information from patient encounters[[2]](#footnote-2).

# 1. Title

Include the words “case report” in the title. Describe what is of greatest interest to you as the author.  This could be the presentation, the diagnosis, a test result, the intervention, or the outcome.

# 2. Key Words

Provide 2 to 5 key words that identify areas covered in this case report that will help readers locate this case report.

# 3. Introduction

Briefly summarize the background and context of this case report. Include how it contributes to the homeopathic literature.

# 4. Patient Information and Presenting Concerns

Describe the patient characteristics (such as the relevant demographics—age, gender, ethnicity, occupations) and their presenting concerns with relevant details of related past interventions. Include important medical and family history, co-morbidities and interventions including self-care.

# 5. Clinical Findings

Describe important physical examination (PE) and clinical findings, include diagnostic test results. If the COVID-19 diagnosis was NOT confirmed by a lab test, explain the reason(s) why it is a SUSPECTED COVID-19 case.

If the patient has fever, please report how it was measured (including the instrument used).

**Homeopathic clinical history details, including the homeopathic symptoms used for the remedy decision.**

# 6. Timeline

Create a timeline that reports important milestones related to patient diagnoses and interventions and includes specific dates and times in a table, figure, or graphic.  Examples are available on the [CARE](http://www.care-statement.org/case-report-examples) website. The most simple approach is a table with the most imporant milestones.

# 7. Diagnostic focus and assessment

Report the suspected or confirmed COVID-19 diagnosis, as well as the homeopathic 'remedy diagnosis' process: Type of homeopathic analysis, type of repertory used, types of symptom(s) used, for instance 'keynote', or 'trigger' symptoms.

# 8. Therapeutic intervention

Describe the types and dosage/intensity of the interventions(s) (including preventive, lifestyle) the rationale behind the therapy(ies), the type of homeopathy (e.g. unrestricted individualization, isopathy).

Describe in full detail the name, potency, potency scale, manufacturer and galenic form of the homeopathic remedy prescribed.

# 9. Follow-up and outcomes

Please describe the clinical course of this case including all follow-up visits, adherence to the intervention and how this was assessed and adverse effects, unanticipated events homeopathic aggravation, etc. Describe patient and clinical assessed outcomes, etc.

# 10. Discussion

Describe the strengths and limitations of this case report including case management, and the scientific and recent medical literature related to this case report. Discuss the rationale for your conclusions such as potential causation and the ways this case might be generalized to a larger population of practitioners. Used the modified [Naranjo Criteria (MONARCH)](http://www.vithoulkascompass.com/Content/lmhi/MONARCH%209-ITEM%20clinical%20outcome%20assessment%20tool.docx) if possible to support the causality assessment. What are the main findings of this case report and what are the 'take-away' messages?

# 11. Learning points

Please add 3-5 bullet points about what are the learning points of this clinical case. What is the educational merit of this case to the homeopathic community?

# 12. Patient perspective (optional)

Whenever appropriate, the patient should share their experience of their care in a narrative published within this case report.

1. van Haselen RA. Homeopathic Clinical case reports: Development of a supplement (HOM-CASE) to the CARE clinical case reporting guideline. Complementary Therapies in Medicine 2016;25:78-85. [↑](#footnote-ref-1)
2. Gagnier J, Kienle G, Altman DG, Moher D, Sox H, Riley DS, and the CARE group. The CARE guidelines: consensus-based clinical case report guideline development. Journal of Clinical Epidemiology 2014; 67(1),46-51. [↑](#footnote-ref-2)